

[Can Oral Insulin Slow Onset of Type 1 Diabetes in High-Risk Patients?](#)

[Thomas L. Schwenk, MD](#) reviewing Writing Committee for the Type 1 Diabetes TrialNet Oral Insulin Study

Treatment had no effect on diabetes incidence in relatives of patients with type 1 diabetes.

In an earlier study, oral insulin did not prevent, or delay, onset of type 1 diabetes, in a case-control study of 500 relatives of patients with type 1 diabetes. [Diabetes Care 2005; 28: 1068](#)

During median follow-up of 2.7 years, annualized rates of type 1 diabetes onset did not differ significantly between groups.

COMMENT

These findings do not support use of oral insulin at a daily dose of 7.5 mg to slow onset of diabetes in high-risk relatives of patients with type 1 diabetes.

CITATION(S):

Writing Committee for the Type 1 Diabetes TrialNet Oral Insulin Study Group. Effect of oral insulin on progression to type 1 diabetes in relatives of patients with type 1 diabetes. [http://dx.doi.org/10.2337/170300](#)

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